



CRESCETIS

# LARC UPDATE

Wednesday, 25 September 2019

St Erme Community Centre

Castle Field, Trispen, Truro, TR4 9BD

Lead by **Dr Sarah Gray** – FSRH Training Director and Contraception Lead - Cornwall Council

Suitable for

- Existing fitters needing to refresh and update
- Those wishing to undertake practical training
- Clinicians who counsel women regarding their contraceptive choices

Each half day session will provide 3 hours of education suitable for FSRH and local reaccreditation

## MORNING – IUD PROVISION

09:15 *Registration*

09:30 Indications for IUD's

- LARC
- Post coital contraception
- HMB
- Endometrial protection

Available devices

Patient assessment

11:00 *Refreshments*

11:15 Fitting techniques

Pain relief

Follow Up

Troubleshooting

12:45 *Close*

## AFTERNOON – IMPLANT PROVISION

13:30 *Registration*

13:45 Use of Implants

- Mode of action
- Failure rate
- Side effects
- Bleeding

Fitting techniques

15:15 *Refreshments*

15:30 Troubleshooting

16:00 Other hormonal methods

- Injections
- Combined hormones
- POP's

When to stop contraception

17:00 *Close*

The sessions will be interational with lots of opportunity for case discussion.

Tea/Coffee will be available at registration.

Certificates of Attendance will be provided.

**COST: £70 per session** – lunch will be provided for those attending both sessions

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## BOOKING FORM

Please reserve me a place for

IUD provision (morning)

Implant provision (afternoon)

Lunch (I will be attending both sessions)

Dietary requirements?

One Session (£70)

Two Sessions (£140)

Payment by

Payment by

(BACS payment preferred to Crescetis Sort: 30-98-76 Acc: 02267918)

Title

Name

I am a

Work Address

Correspondence Address

Contact email

For confirmation & receipt. (Please check quarantine/spam)

Please give a contact telephone number

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